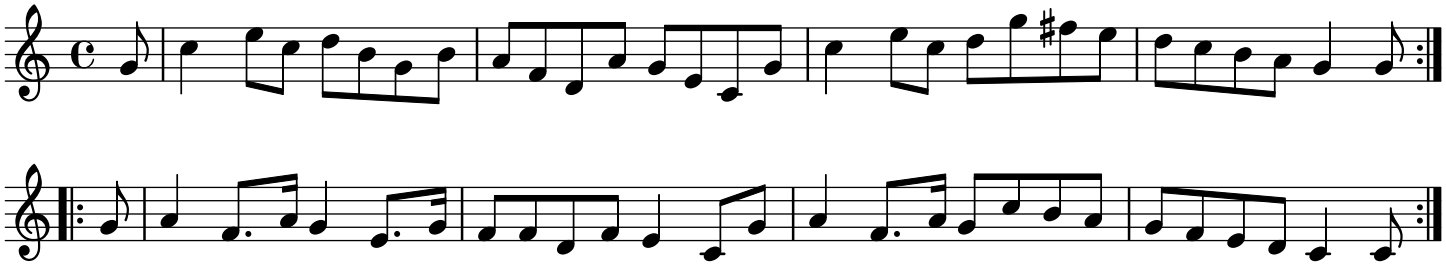Demeple, The trad.