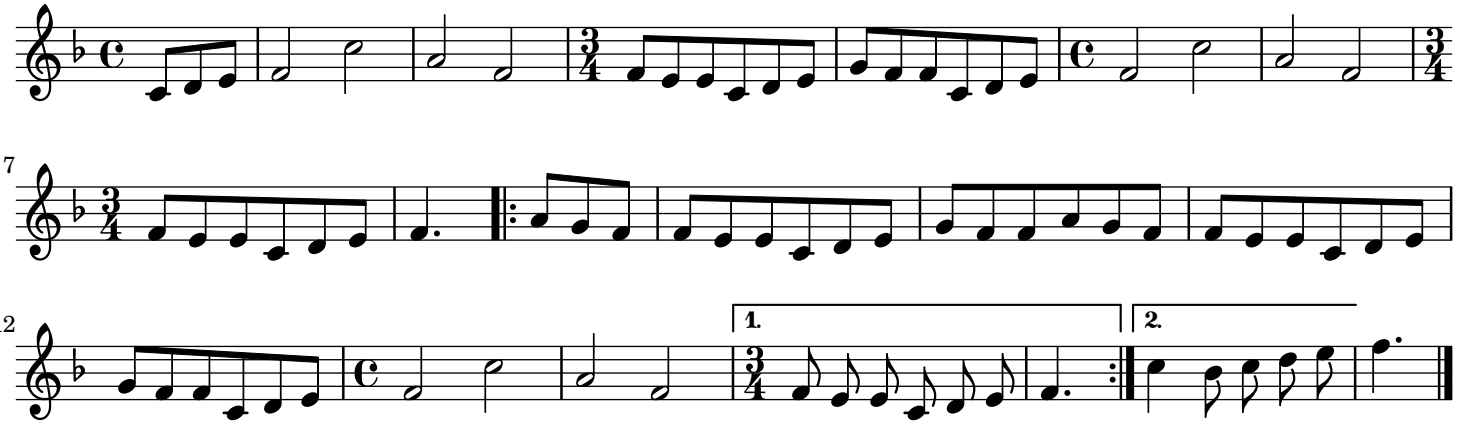Heuboden traditionell